Transportation & Logistics	Learn From My Template and Make it Your Own Space to Write in Your Specific Dates, Huts Your NOTES in this Column	Price	Write in Your Status	My Status	Name	Arrival	Write in Your Arrival Dates	Departure	Arrival City	km	Walking Time	Food	Helpful Websites
Drive to Dolomites								landstuhl	Cortina d'Ampezzo				
Super Green Pass Italy - Get QR for covid vax				Booked									https://italygreenpass.com/
Bus Cortina d'Ampezzo to Dobbiaco					SüdTirol Pass	July 25, 2022							https://www.suedtirolmobil.info/en/ Buses go from Cortina to Dobbiaco on SAD bus 445. Get off at the "Dobbiaco autostazione".
Bus to Lago di Braies (Pragser Wildsee) From Dobbiacco		€5.00		Booked	Book Online Prags.bz	July 26, 2022		Dobbiaco	Lago di Braies, Prager Wildsee				https://www.prags.bz/en Then switch to the 442 bus from Dobbiaco autostazione directly to the Lago di Braies national park, also called Pragser Wildsee. Full Timetable: https://www.prags.bz/bus%20time%20tables/210511_442%20Fahrplan%13%4/en_A3_2021.pdf
Taxis from Cianzope to Cortina						July 30, 2022							
Taxi or Bus Cortina: If you don't want bus					100 Euros	July 30, 2022							
Express Bus from Venice to Cortina					20 Euros	July 25, 2022							https://www.cortinaexpress.it/en/
Private Van Venice to Cortina					127 Euros	July 24, 2022							https://tinyurl.com/private-van-cortina
Uber for europe													
End of Trail: La Pissa Bus Stop to Belluno Dolomiti Bus S.p.A. 001 (Belluno FS)001 Bus line						August 4, 2022							https://dolomitibus.it/ Timetable: https://moovitapp.com/index/en/public_transit-line-001-Trento_e_Belluno-1903-856598-692869-3 From Belluno you can take a 3 hour bus ride to Venice. Or 3 hours to Cortina d'Ampezzo If you need to get back to Cortina or Dobbiaco you can take the train to Calalzo-Pieve Cadore (€5). From there, bus #30 (€4) runs on to Cortina on the half-hours.
Full Route Information													**125km**: Lago di Braies to Belluno, Mountains Crossed: Braies, Fannes, Ampezzo, Northern Zoldo, Southern Zoldo
Alta Via 1 Trail Accomodations and Daily Plan: Substitute Your Dates and Bookings to Never Get Confused													
Arrival Day: Stay Dobbiaco or Cortina Monday night				Researching	Dobbiaco	July 25, 2022		Home/Dobbiaco	Dobbiaco				do Tre Cime Sunday - it's always crowded anyways, 4 mile loop
-----Stay here for free parking night before				Researching	Dobbiaco							Parking	Hotel Villa Monica https://tinyurl.com/Dobbiaccoprehike Short walk from bus station to get to the trailhead. Free parking if you want to leave your car there for the hike.
or Fries: Sleep in your SUV night before in legal parking spot		€0.00				July 25, 2022							I'm always down for good value and being cheap whenever it makes sense. You need to park in a legal spot to sleep INSIDE your SUV. Here's my article about how to turn your SUV into the best place to sleep before a big hike. https://www.cravetheplanet.com/post/best-mattress-for-sleeping-in-suv-review-2021
AV1 Day 1: Lago di Braies to Fodara Vedla, Tue		€93.00		Booked	Fodara Vedla	July 26, 2022		Lago di Braies	Fodara Vedla	12	6:00 difficult 1020m/180m	Half Board	Fodara Vedla: rifugio@fodara.it https://www.fodara.it/en 372 - per 4 person room. - Hufstedlers 372 - fielders 200 euro deposit paid, morgan
AV1 Day 2: Fodara Vedla to Lavarella, Wed		€45.00		Booked	Lavarella Hütte	July 27, 2022		Fodara Vedla	Lavarella	9	5:30 moderate 450m/850m	B&B, Ala Carte Dinn	Lavarella Hütte: rifugio@lavarella.it https://lavarella.it/en/book-online Booked online: 20 euros per person deposit paid.
AV1 Day 3: Lavarella to Lagazuoi, Thurs		€90.00		Booked	Lagazuoi Rifugio	July 28, 2022		Lavarella	Lagazuoi	13	6:30 difficult 1150m/450m	Half Board	Lagazuoi Rifugio: https://www.rifugiolagazuoi.com/index_en.php deposit: x8 20 euros per person paid.
AV1 Day 4: Lagazuoi to Averau, Fri		€78.00		Booked	Averau Hutte	July 29, 2022		Lagazuoi	Averau	13.5	5:30. moderate 900m/1110m	Half Board	Option 1: Cinqui Torri: info@rifugio5torri.it https://www.cortinadelicious.it/DE/s4-tipo-3-Die-Hitte-Rifugio-Cinque-Torri +39 0436 2902 / 866853 Alternative: Rifugio Averau https://www.rifugioaverau.it/en/, +39 335 6868066 online forms. deposit 312 paid. 78 pp half board. +39 0436 4660 Option 3:
FAMILY Friendly Alternatives													
-----North Half Exit to Cortina: Bus or taxi						July 30, 2022							bus is 45 min: 1-2 hour downhill walk or take chair lift to Cianzope station. https://goo.gl/maps/QQhDpm93XpCEJkvP9 Taxi: Or order a taxi van for larger group directly back to your car or transit connection.
Alternate Day 5: Hike Averau to Cortina Sat					Cortina Spa Hotel	July 30, 2022			Cortina	14	5:00 moderate		Wooded single track with trail markers all the way to Cortina. Track on this trail map or komoot. https://www.google.com/maps/d/u/0/edit?mid=1OzR-jjWc8NmU04SxLbFQU-fQ3hAvCzr&usp=sharing At the end: Stay at luxury spa hotel to recover.
Back to Normal Route													
AV1 Day 5: Averau to Citta di Fiume, Sat				Emailed	Rifugio Citta di Fiume	July 30, 2022		Averau	Rifugio Citta di fiume	12.5	6:00 moderate 400m/1050m		Rifugio citta di fiume: info@rifugiocittadifiume.it https://www.rifugiocittadifiume.it/ Exit: 45 min to Val Fiorentina. Summer bus on Longarone-Passo Staulanza Capril (Dolomiti Bus)
AV1 Day 6: Citta di Fiume to Coldai, Sun				Researching	Coldai	July 31, 2022		Citta di Fiume	Coldai	9.3	4:00 moderate 520m/300m		+39 0437 78 91 60 eMail: infocoldai@gmail.com
AV1 Day 7: Coldai to Carestiato, Mon		€62.00		Researching	Carestiato	August 1, 2022		Coldai	Carestiato	20.5	7:15 difficult 1000m/1280m	Half Board	www.rifugiocarestiato.com We're combing the traditional 7 and 8 into one day for brevity. CAI Rifugio
AV1 Day 8: Carestiato to Pramparet, Tues				Researching	Rifugio Sommariva Pramparet	August 2, 2022		Carestiato	Pramparet	10	4:45 moderate 550m/530m		https://www.rifugiosommarivaalpramparet.it/rifugio.asp?lng=eng info@rifugiosommarivaalpramparet.it +39 0437 195 6153
AV1 Day 9: Pramparet to Pian de Fontana, Wed		€60.00		Researching	Rifugio Pian de Fontana	August 3, 2022		Pramparet	Pian de Fontana	6.4	3:45 moderate 540m/760m	Half Board	http://www.piandefontana.it/prezzi-e-servizi/ Prenotazioni: piandefontana@livecom.it Bookings: piandefontana@livecom.it CAI member
AV1 Day 10: Pian de Fontana to La Pissa Bus Stop, Thurs				Researching	Cortina	August 4, 2022		Pian de Fontana	Belluno then Cortina	13	3:45 moderate 120m/1300m		La Pissa Bus stop: https://goo.gl/maps/o1Kc6sQhuW7f6m9f7, 20 minutes to Belluno. Bus and Rail connections to Venice, Cortina d'Ampezzo and Alleghe. 2:30-3 hours to Venice or Cortina d'Ampezzo. If you need to get back to Cortina or Dobbiaco your best bet will be the train to Calalzo-Pieve Cadore (€5). From there, bus #30 (€4) runs on to Cortina on the half-hours. We recommend getting back to Cortina to spend the night recovering in one of the worlds' best SPA hotels. The Cristallo. https://tinyurl.com/AltaVia1SPA-hotel
-------Pamper at Spa Hotel in Cortina d'Ampezzo after Hike Thurs				Researching	Cortina Spa Hotel	August 5, 2022			Cortina d'Ampezzo				Luxury: https://tinyurl.com/AltaVia1SPA-hotel Treat yourself at one of the world's most luxurious spa hotels. Mid Range Hotel Alaska https://tinyurl.com/AV1-Mid-Range-Hotel-Cortina
AV1 Route Complete													
Day 11: Drive Home, Bus to Airport or Next Destination						August 6, 2022							
Resources													
Glorious Spa Hotel to Treat Yourself After					https://tinyurl.com/AltaVia1SPA-hotel				Cristallo Palace				
Podcastvol Hike by Sage and Morgan					https://www.buzzsprout.com/1235132/10169018								
Free PDF Guide of Entire Trip with Resturants, Huts, Packing Lists					https://www.cravetheplanet.com/hutsforyguide								
Free PDF Guide: Alta Via 1 Packing List					https://tinyurl.com/packing-list-alta-via-1								
Book a stress free rental car in Italy					https://www.discovercars.com/italy-mainland/venice?a_aid=https://www.discovercars.com/?a_aid=cravetheplanet								
GPS Track to Never get Lost					https://www.komoot.com/tour/534665252?ref=wtd								
Cicerone Guidebook: Water Proof Guide					https://www.amazon.com/gp/product/1852848200/ref=as_li_tl?ie=UTF8&tag=cravetheplane-20&camp=1789&creative=9325&linkCode=as2&creativeASIN=1852848200&linkId=2e2f3a81034c4300997d40ad307278cf								
Human Guided AV1 Tour: Less Stress					https://tinyurl.com/guidedaltavia1tour								
Weather Apps													Bergfex Weather App or Windy.com App
Rifugio Websites:					http://rifugios.net/alta-via-1.html				http://rifugios.net/alta-via-1.html				https://www.dolomiti.org/en/cortina/accommodation
-------**Side Trips, Culture**													
Concert in Cinqui Torri: Lightshow													
Tours of Caves WW1													
Bike tour, Paraglide													